Have You Ever Considered Trying Martial Arts?





- Watch students of all levels demonstrate their skills
 - Talk with Martial Arts Pro Mike Proctor

ALL AGES WELCOME FREE & OPEN TO THE PUBLIC

Martial Arts Demo
April 26 | 6-7:30 p.m.

Basketball Court

For more information, contact Hallie Lane 972.560.3211 | hlane@cooperfitnesscenter.com

