

# RAISE YOUR GAME. LOWER YOUR SCORE.



## COOPER FITNESS CENTER GOLF PERFORMANCE TRAINING

Perfect your swing and increase your power with Cooper Fitness Center's Golf Performance Training. After a one-hour consultation and golf fitness assessment, we'll build a custom fitness program to help you swing your game to the next level. You'll be instructed by Professional Fitness Trainer David H. Williams, a certified Golf Fitness Specialist from the Titleist Performance Institute.

### FOR MORE INFORMATION:

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