

## **Cooper Fit & Fun Camp Behavior Contract**

At Cooper Fit and Fun Camp and Youth Programs, our goal is for each camper to have a positive experience with sports, health and camp. We strive to foster growth in each camper—not only through athletic ability or a love for movement, but also by reinforcing life skills such as communication, empathy, resilience, teamwork and critical thinking.

We want to help campers learn and practice behaviors that encourage strong character development. Thus, all those attending are expected to show respect to their fellow campers, the counselors and all they come in contact with while at camp. Campers are given five rules at the beginning of their week at camp and are given reminders and opportunities to exercise these each day.

At camp, campers agree to:

- 1. Use kind words
- 2. Respect the grounds
- 3. Look both ways before crossing the track
- 4. When you hear "Hey Campers!", freeze, find a coach and respond with "Hey Coaches!"
- 5. Have fun!

In addition to these rules, a standard of behavior is expected of each camper, including but not limited to:

- The camper will not bully others physically or emotionally.
- The camper will not use inappropriate language.
- The camper will not share/trade food with others.
- The camper will show respect and kindness to campers and counselors.
- The camper will show respect for others' individual differences.
- The camper will give their best effort for every activity.
- The camper will work with others as a team to encourage, help and learn from them.

I have read and understood this Behavior Contract and have discussed it with my camper(s). We agree to follow camp rules and standards of behavior. I understand that failure to comply with these rules will have consequences, which may include, but are not limited to:

- Conversation with parent/guardian
- Participation in activities is prohibited
- One-day dismissal from camp
- Permanent dismissal from camp