



CANNED FOOD DRIVE

Cooper Aerobics is proud to partner with the North Texas Food Bank (NTFB) to help with a food drive to benefit those affected by Hurricane Harvey.

September 1-30

Cooper Aerobics
12200 Preston Road
Dallas, Texas 75230

Healthy bodies and minds require nutritious meals to thrive!

NTFB's most needed items include:

- Canned Fruit & Vegetables
- Dried or Canned Beans
- Canned Tuna or Chicken
- Whole-Grain Rice or Pasta
- Healthy Cereal
- Peanut Butter

Want to donate online?

\$1 = 3 meals @

ntfb.org/donate



Remember, one meal makes a difference.

More than 850,000 North Texans are food insecure. Fight hunger in our community by giving a can, a dollar, your voice or your time to those in need.

#NTFB

ntfb.org