

Fit & Fun Summer Camp Schedule

KIDS CAMP

8:45-9:15 a.m.	Kids Camp Drop-Off
9:15-10 a.m.	Ice Breakers/Get-to-Know-You Games
10-10:15 a.m.	Snack Time!
10:30-11 a.m.	Guest Instructor
11 a.m.-noon	Sport-Specific Play
Noon-1 p.m.	Lunch and Free Play
1:10-2 p.m.	Large Group Games/Sports
2-2:30 p.m.	Indoor Play/Games/Sports
2:30-2:45 p.m.	Kids Camp Pick-Up
2:45-3 p.m.	Splash campers only: Change for Swim Time
3-3:45 p.m.	Splash Camp
3:45-4 p.m.	Gather All Personal Items
4-4:15 p.m.	Splash Camp Pick-Up

YOUTH CAMP

8:45-9:15 a.m.	Youth Camp Drop-Off
9:15-10 a.m.	Ice Breakers/Get-to-Know-You Games
10-10:45 a.m.	Swim Time at Cooper Hotel Pool
11 a.m.-noon	Guest Instructor/Sport-Specific Play
Noon-1 p.m.	Lunch and Free Play
1:10-2 p.m.	Games/Team Challenge
2-3 p.m.	Indoor Play
3-4 p.m.	Swim Time at CFC pool
4-4:15 p.m.	Youth Camp Pick-Up

